

outcomes of interest: PPRM < 21 days, PTB < 28 weeks, and PTB < 32 weeks. For each outcome, multiple logistic models were fitted to examine the effect of trocar location, controlling for other potential risk factors. Odds ratios (OR) are reported with 95% confidence intervals.

RESULTS: 751 patients were studied. In bivariate analysis, LUS location was associated with PPRM < 21 days (18.3% vs. 8.8%, $p = 0.0355$), but not with PTB < 28 weeks (10.7% vs. 9.4%, $p=0.72$) or PTB < 32 weeks (12.2% vs. 8.2%, $p = 0.09$). Lateral location was not associated with any of the 3 outcomes. Results were confirmed with logistic regression models. Patients with LUS location were twice as likely as those with a more superior location to have PPRM < 21 days (OR = 2.17, 1.06-4.46), after controlling for placental location, Quintero stage, gestational age at procedure, preoperative vaginal bleeding, and study center.

CONCLUSION: After controlling for potential confounders, we found that trocar insertion in the LUS appeared to be associated with an increased risk of PPRM but not preterm birth. Inherent differences in the local milieu of the fetal membranes may explain these findings. Although the site of trocar insertion is often restricted by case-specific factors, it is reasonable to avoid the lower uterine segment if technically feasible.

219 Neonatal morbidity in preterm growth-restricted fetuses: does mode of delivery matter?

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OBJECTIVE: Fetal growth restriction (FGR) is associated with increased morbidity and mortality especially in preterm neonates. Cesarean rates among growth-restricted, premature fetuses are reported as high as 50%. The objective of our study was to examine neonatal outcomes in premature growth-restricted fetuses based on mode of delivery.

STUDY DESIGN: We performed a retrospective cohort study of patients with antenatally diagnosed FGR (estimated fetal weight less than 10th percentile) from 2006-2016. We included singleton, live born pregnancies delivering between 30-36 weeks' gestation. Neonates with suspected chromosomal abnormalities or anomalies were excluded. Maternal factors such as smoking, hypertension, parity, and abnormal Dopplers were examined. Neonatal outcomes included respiratory distress syndrome (RDS), intraventricular hemorrhage (IVH), necrotizing enterocolitis (NEC), 5-minute Apgar <7, neonatal death, and length of NICU stay. Mode of delivery and neonatal outcome were analyzed using Chi square. Logistic regression was used for composite neonatal morbidity. Length of NICU stay was tested using Kruskal-Wallis H test.

RESULTS: Complete data for 200 patients were available for our study. Of these, 50.3% underwent induction of labor and 49.5% underwent planned Cesarean. Ultimately 70.3% of the study population delivered by Cesarean. Composite morbidity was significantly higher in patients undergoing planned Cesarean delivery when compared to those who were induced and delivered vaginally (OR 2.73 [95% CI 1.10-6.75]). This finding remained significant after controlling for hypertension, smoking, parity, and abnormal Doppler studies. There was not an increase in composite morbidity in those patients who underwent induction but ultimately delivered by Cesarean compared

with those delivering vaginally. No neonatal deaths occurred in our study population. Neonates delivered by planned Cesarean and Cesarean after induction were found to have a longer stay in the NICU ($p < 0.001$).

CONCLUSION: Cesarean delivery is common among pregnancies complicated by FGR. Our data demonstrated a lower risk for neonatal morbidity in vaginal deliveries compared with planned Cesareans. These results are helpful for counseling patients regarding mode of delivery in growth restricted fetuses requiring preterm delivery.

| Mode of Delivery | Induction/Vaginal 6 (3%) | Induction/Cesarean 7 (3.5%) | Planned Cesarean 22 (11%) | P value |
|--------------------------|-----------------------------|--------------------------------|------------------------------|---------|
| RDS (n, %) | 0 | 0 | 2 (1%) | 0.163 |
| IVH (n, %) | 0 | 0 | 1 (0.5%) | 0.599 |
| 5-minute Apgar <7 (n, %) | 0 | 0 | 3 (1.5%) | 0.211 |
| NICU stay (mean, days) | 12.8 | 15.5 | 24.2 | <0.001 |

220 Neonatal morbidity is increased with the inaccurate diagnosis of fetal growth restriction

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OBJECTIVE: With the limited accuracy of fetal growth ultrasound, sonographic screening for fetal growth restriction (FGR) introduces the potential for misdiagnosis of an appropriate-for-gestational age (AGA) fetus as FGR, which may increase the likelihood of iatrogenic prematurity and associated perinatal complications. We sought to determine the frequency of misdiagnosis of FGR in newborns with AGA birth weights, and to test the hypothesis that misdiagnosis of FGR increases the likelihood of prematurity and adverse perinatal outcomes.

STUDY DESIGN: In this retrospective cohort study, the exposed cohort consisted of all singleton, liveborn, non-anomalous infants delivered at Magee-Womens Hospital from 2003-2009 that were AGA at birth, but characterized as FGR on antenatal ultrasound. For each exposed infant, we selected 9 unexposed controls whose birth weight percentile fell within 3 points of the exposed infant and were considered AGA on growth ultrasound during the same gestational week that the exposed infant was considered FGR. Consistent with institutional protocol, fetal and neonatal weights were evaluated using the growth standard published by Fenton. We compared outcomes in exposed and unexposed infants using chi-square test and logistic regression, adjusting for education, tobacco use, marital status, race, and nulliparity.

RESULTS: Out of 40,577 AGA newborns that met inclusion criteria, 10,549 (26.0%) underwent fetal growth ultrasound beyond 24 weeks. Of these, only 78 (0.7%) were misdiagnosed as FGR. AGA neonates identified as FGR on ultrasound were more likely to deliver preterm, and more likely to require NICU admission (Table). There was only 1 neonatal death in the entire study cohort, and no cases of 5 min. Apgar<4. Misdiagnosis of FGR was not associated with an increased risk of Cesarean delivery.

CONCLUSION: With use of the Fenton nomogram, the antenatal diagnosis of FGR in AGA neonates was rare, but associated with an increased likelihood of preterm delivery and NICU admission. These risks must be considered when evaluating the utility of fetal growth ultrasound or adoption of less stringent fetal growth standards.